

Humana Healthy Horizons in Kentucky value added-benefits

Humana Healthy Horizons® in Kentucky makes it easier to get the basic benefits you're used to. Plus, we offer extra services and rewards for taking healthy actions, so you can stay on top of your health and live your life to the fullest.



Humana Healthy Horizons' value added-benefits

Health-related social needs

Criminal record expungement services

Disaster preparedness meals

GED testing support

Housing assistance

Smartphone services

Workforce Development Program with childcare and transportation assistance

Wellness and education

Sports physical

Youth academic support

Youth development and recreation

Maternity

Baby and Me meals

Convertible car seat or portable crib for HumanaBeginnings® care management program participants

Doula services

Chronic condition management

Self-monitoring devices – Blood pressure monitoring kit

Self-monitoring devices – Weight scale

Smartphone app for diabetes management

Post-discharge meal

Go365 for Humana Healthy Horizons wellness and rewards

Wellness and education	Reward
Health risk assessment (HRA)	\$20
Haircuts for Kids	\$40

Screenings and exams	Reward
Breast cancer	\$25
Cervical cancer	\$15
Colorectal cancer	\$25
Chlamydia	\$15
Diabetic retinal exam	\$25
Diabetic screening	\$25

Preventive visits	Reward
Annual Wellness Visit	\$25
Well-child (0-15 months)	\$60
Well-child (16-30 months)	\$20
Prenatal	\$50
Postpartum	\$25

Vaccinations	Reward
Flu (3+)	\$20
Flu (6 months-2 years)	\$30/\$70
HPV	\$80

Learn more at [Humana.com/HealthyKentucky](https://www.humana.com/HealthyKentucky).

Humana Healthy Horizons® in Kentucky

Go365 for Humana Healthy Horizons® is available to all who meet the requirements of the program. Rewards are not used to direct you to select a certain provider.

Rewards have no cash value. The monetary amounts listed above are reward values, not actual dollars. For some rewards, your doctor has to tell us that you completed the healthy activity. Once we get this information from your doctor, you will see in the app the option to redeem the reward. For any reward you qualify to earn during the current plan year, we must get confirmation from your doctor by no later than March 15 of the following plan year.

E-gift cards cannot be used to purchase prescription drugs or medical services that are covered by Medicare, Medicaid, or other federal healthcare programs; gambling, alcohol; tobacco; e-cigarettes; or firearms. E-gift cards must not be converted to cash. Rewards may be limited to once per year, per activity.

Auxiliary aids and services, free of charge, are available to you.
800-444-9137 (TTY: 711), Monday through Friday,
from 7:00 a.m. to 7:00 p.m., Eastern time.

Humana Inc. and its subsidiaries comply with Section 1557 by providing free auxiliary aids and services to people with disabilities when auxiliary aids and services are necessary to ensure an equal opportunity to participate. Services include qualified sign language interpreters, video remote interpretation, and written information in other formats.

English: Call the number above to receive free language assistance services.

Español (Spanish): Llame al número que se indica arriba para recibir servicios gratuitos de asistencia lingüística.

繁體中文 (Chinese): 您可以撥打上面的電話號碼以獲得免費的語言協助服務。

Deutsch (German): Wählen Sie die oben angegebene Nummer, um kostenlose sprachliche Hilfsdienstleistungen zu erhalten.

Tiếng Việt (Vietnamese): Gọi số điện thoại ở trên để nhận các dịch vụ hỗ trợ ngôn ngữ miễn phí.

العربية (Arabic): اتصل برقم الهاتف أعلاه للحصول على خدمات المساعدة اللغوية المجانية.

Srpsko-hrvatski (Serbo-Croatian): Nazovite gore navedeni broj ako želite besplatne usluge jezične pomoći.

日本語 (Japanese): 無料の言語支援サービスを受けるには、上記の番号までお電話ください。

Français (French): Appelez le numéro ci-dessus pour recevoir des services gratuits d'assistance linguistique.

한국어 (Korean): 무료 언어 지원 서비스를 받으려면 위 번호로 전화하십시오.

Deutsch (Pennsylvania Dutch): Ruf die Nummer owwe fer koschdefrei Hilf in dei eegni Schprooch.

नेपाली (Nepali): निःशुल्क भाषासम्बन्धी सहयोग सेवाहरू प्राप्त गर्नका लागि माथिको नम्बरमा फोन गर्नुहोस् ।

Oroomiffa (Oromo): Tajaajila gargaarsa afaan argachuudhaf bilbila armaan oli irratti bilbilaa.

Русский (Russian): Позвоните по вышеуказанному номеру, чтобы получить бесплатную языковую поддержку.

Tagalog (Tagalog – Filipino): Tawagan ang numero sa itaas para makatanggap ng mga libreng serbisyo sa tulong sa wika.

Ikirundi (Bantu – Kirundi): Hamagara izo numero ziri hejuru uronswe ubufasha kwa gusa bw'uwugusobanurira mu rurimi wumva.

This notice is available at **[Humana.com/KentuckyDocuments](https://www.humana.com/KentuckyDocuments)**.

Humana Healthy Horizons in Kentucky is a Medicaid Product of Humana Health Plan Inc.
KYHMEDSEN_Approved